

PRE-OP SEDATION INSTRUCTIONS

- THE PATIENT MAY HAVE A LIGHT MEAL PRIOR TO THE APPOINTMENT.
- PATIENTS MUST BE DRIVEN TO OUR OFFICE. **THE DRIVER MUST STAY FOR THE DURATION OF THE APPOINTMENT.**
- PATIENTS MUST ARRIVE 1 HOUR PRIOR TO APPOINTMENT IF SEDATION MEDICATION IS BEING DISPENSED IN OFFICE.

AFTER SEDATION INSTRUCTIONS

- PATIENT CANNOT DRIVE FOR 24 HOURS AFTER SEDATION
- DO NOT OPERATE ANY HAZARDOUS DEVICES FOR 24 HOURS.
- A RESPONSIBLE PERSON SHOULD BE WITH THE PATIENT UNTIL HE/SHE HAS FULLY RECOVERED FROM THE EFFECTS OF THE SEDATION.
- PATIENT SHOULD NOT GO UP AND DOWN STAIRS UNATTENDED.
- PATIENT CAN EAT WHENEVER HE/SHE WANTS.
- PATIENT NEEDS TO DRINK FLUIDS AS SOON AS POSSIBLE. NO ALCOHOL FOR 24 HOURS.
- PATIENT MAY SLEEP FOR A LONG TIME OR MAY BE ALERT WHEN HE/SHE LEAVES. ATTEND TO BOTH THE ALERT OR SLEEPY PATIENT IN THE SAME MANNER. DON'T TRUST HIM/HER ALONE.
- ALWAYS HOLD PATIENT'S ARM WHEN WALKING.
- CALL US IF YOU HAVE ANY QUESTIONS OR DIFFICULTIES. IF YOU FEEL THAT YOUR SYMPTOMS WARRANT A PHYSICIAN AND YOU ARE UNABLE TO REACH US, GO TO THE NEAREST EMERGENCY ROOM IMMEDIATELY.

FOLLOWING MOST SURGICAL PROCEDURES THERE MAY OR MAY NOT BE PAIN. DEPENDING ON YOUR THRESHOLD FOR PAIN, YOU WILL BE PROVIDED WITH MEDICATION FOR DISCOMFORT THAT IS APPROPRIATE FOR YOU. IN MOST CASES, A NON-NARCOTIC PAIN REGIMEN WILL BE GIVEN CONSISTING OF ACETAMINOPHEN (TYLENOL) AND IBUPROFEN (ADVIL). **ALTERNATE DOSES OF IBUPROFEN AND ACETAMINOPHEN EVERY 4 HOURS.** (DO NOT TAKE BOTH MEDICATIONS AT THE SAME TIME). THESE TWO MEDICATIONS USED TOGETHER WILL BE AS EFFECTIVE AS A NARCOTIC WITHOUT ANY OF THE SIDE EFFECTS ASSOCIATED WITH NARCOTICS. IF A NARCOTIC HAS BEEN PRESCRIBED, FOLLOW THE DIRECTIONS CAREFULLY. **IF YOU HAVE ANY QUESTIONS ABOUT THESE MEDICATIONS INTERACTING WITH OTHER MEDICATIONS YOU ARE PRESENTLY TAKING, PLEASE CALL OUR OFFICE FIRST, THEN YOUR PHYSICIAN AND/OR YOUR PHARMACIST.**

DR'S HOME: 704-375-2880

EMERGENCIES: 704-307-1049

DR'S OFFICE: 704-375-7711